

## **Carlisle Boys Soccer Guidelines and Expectations:**

Hopefully, the following information will answer any questions or concerns you may have going into our season. The Carlisle coaching staff will be working hard to build a team out of your young men. As a rule, the concept of team means sacrificing *personal goals* for the good of the *whole*. As difficult as it can be at times as a parent, we ask that you support the coaching staff with this process. The coaching staff welcomes questions and concerns you may have as the season progresses, but as a general rule if the concern involves playing time, positioning, etc., we will expect the player to speak with us first. If you ask these questions before the player has spoken to us, we will remind you of this courtesy and ask to speak with the player first.

### **Communication**

As a coaching staff we try, our best to keep you informed of game times, bus departures, schedule changes, etc. We ask that you do the same. Please let us know “as soon as possible” if you will be missing a practice or game and why. You will be informed if we accept your absence as excused or not. *Unexcused absences will result in a loss of playing time.* Continued absences can result in expulsion from our team. We understand there may be appointments and after school, clubs may meet, etc., but we must be informed ahead of time. Telling us the day of the absence is not acceptable except in emergency situations. As a general rule, the order of importance is obviously: Family first, School second, Team third. If an athlete is having problems at home or in school these take precedent. As coaches, we need to be aware of these problems to some degree, so we can understand how to handle these issues that may affect the team.

Communication regarding playing time and positions are expected to occur between the player and the coach prior to communication between parents and coaches. If you do not agree with the information your son receives, or have questions or concerns regarding that discussion, an appointment should be made to see the coach. We will not entertain these questions without an appointment. Reason: Often these are emotional reactions and confrontational in nature immediately following a game, or the day after a practice. These issues are best discussed away from the team and after a cooling down period.

### **Playing Time**

At the JV and MS level the coach will make every effort to play everyone in each game. All JV players will not play equal amounts of time in every game. We truly see our JV program as a developmental situation. Learning to play and think soccer at the varsity level and develop lasting skills and habits within a team framework are the long-range goals. Winning at this level is important, but secondary to team and player development.

At the Varsity level we are competing for post season play (Districts & States). Because this is based on the school record, winning becomes far more important for the benefit of the team. Therefore, playing time will be based on ability, performance, attitude, and the positional needs of the team. Players that have the technical and tactical abilities as well as size, speed, and endurance needed for Varsity level competition will receive most of the playing time. This can be a frustrating situation for Varsity parents because it can change from game to game, as the season progresses, or from season to season as the players mature and grow. Playing time will not be based on grade level, age, club team, or parental involvement.

## **Academics**

Academics are considered priority. Playing soccer is a privilege. In order to be eligible to participate the student athlete must be passing five major classes. The coaching staff is alerted when students are carrying a “D” or lower in a class. The coach will address the failing grade with the student. The student will be required to address this class immediately and report back to the coach on a regular basis the status of that grade. If the student is failing two major classes, they will be ineligible for one week. If the grades are brought up they will be allowed to participate the next week. If the grades are not brought up they will have to sit out another full week.

## **Drugs, Vaping, Alcohol, and Bullying**

We will follow the Code of Conduct for Carlisle Area School District Students Participating in Extra-Curricular Activities, which was signed during the Infosnap process.

## **Tardiness**

If the student-athlete is not in school by 10:30 am (HS) 10:15 (MS) they are considered absent for the day and cannot participate in practice or the game on that day unless the tardiness is pre-arranged.

To compete in a Saturday game or practice, the student must have been in school the previous full day or have written excuse verifying legal absence signed by a parent or guardian.

The coaching staff will set a time for practice, bus departures, and games. The student-athlete is expected to be there on time. If they are not on time they will run a lap for each minute they are late. Continued tardiness will result in a loss of playing time.

There are expectations to this rule. If you need to meet with a teacher after school, appointments, etc.

## **In-School and Out-of-School Suspension**

If a player receives In-School Suspension, they forfeit their opportunity to participate in practices or games on the days they serve the suspension. They are also suspended from the first half of the first game when they return to the team.

If a player receives a second In-School Suspension, they automatically forfeit their opportunity to be a member of the team.

If a player receives Out-of-School Suspension, they forfeit their opportunity to participate in practices and games on the days they serve the suspension. They are also suspended from the first half of the first game when they return to the team.

If a player receives a second Out-of-School Suspension, they automatically forfeit their opportunity to be a member of the team.

## **Positions**

Positions will be based totally on the needs of the team as determined by the coaching staff. It will not be based on the position a player plays on their club team, or the desire of players or parents. *Team needs always trump personal wants.*

### **Riding the Bus**

There is something to be said about winning and losing games together. Therefore, I would like all players to ride the bus to and from games.

If a situation does develop a note signed by a parent/guardian must be forwarded to the Athletic Director ([nulg@carliseschools.org](mailto:nulg@carliseschools.org)) 24 hours before the game for approval. He will then notify the coach and you if it is approved.

Inappropriate behavior on team bus will not be tolerated. Any player demonstrating unruly behavior on the team bus will have to sit the first half of the next game.

If a player receives a second offense, they automatically forfeit their opportunity to be a member of the team.

### **Music**

Inappropriate music on the bus or during any team sanctioned activity will be taken very seriously. Music that contains vulgarity, objectifies women, dehumanizes other people in relation to race, creed, religion, sexual orientation, ethnicity is what the coaching staff considers to be in appropriate.

- 1st offense: entire team will run 10 full field sprints
- 2<sup>nd</sup> offense: team will be prohibited from playing music (other than individual headphones) for the remainder of the season

### **Shin Guards**

It is now required that the NOCSAE seal and height range is permanently marked on the shin guard. This stamp has a height range listed on it that makes sure the athlete is wearing the correct size shin guard. If the referee asks to see the tag during a game and the shin guard does not have it the head coach receives a yellow card.

Shin guards must also be worn during practice. The players will be expected to have shin guards on before the start of practice, and wear them until the end of practice. A player that does not have shin guards on to start practice will have to run 3 full field sprints. Continuing to not have shin guards on to start practice will result in a loss of playing time.

### **Yellow Cards**

Yellow cards received for an attempt at fair play on the field are understood. Yellow cards for persistently arguing with an official are unacceptable. This situation hurts the team and won't be tolerated. Players need to let the coaches handle these kinds of problems. If a player receives a yellow card for **DISSENT** they will miss half of a game. The coaches will keep track of the time. Please understand this might carry over into the next game. If a player has a persistent problem, they will miss an entire game.

PIAA rules state that a player who receives a yellow card must sit out for a five minute span before entering back into the game.

There are no longer soft red cards. If a player receives two yellow cards they must sit out the remaining amount of that game plus the next game. The team must play a man down for the remainder of that game.

### **Senior Night**

Seniors will be honored with their parents before the last home game in the stadium. Seniors should not expect to start or play in the game if they are not a normal starter. Please remember the goal of the Varsity team is to try and qualify for Districts.

### **Newspapers**

It is the responsibility of the home team to report scores to the newspapers. Our coaching staff will be sure to report all scores for games in Carlisle. We have no control over incorrect information given to the newspapers by our opponents if we are the away team.

### **Equipment**

Issued equipment is a responsibility. Destroyed or lost equipment must be compensated for at the end of the season.

### **Trainers**

All injuries must be reported to the trainer and coach, regardless how minor. If you seek care from someone other than the school-approved trainer or physician, a note must be provided to the Carlisle Trainer and appropriate coach stating the player can return.

The training room is off limits to anyone not injured. Furthermore, those that are being treated must be in and out in a timely manner.

### **Sidelines**

The team will ensure sidelines are clean prior to departing the field for both home and away games. We want to leave the bench area in better shape than when we got there. If the coaching staff is left to clean up any mess the entire team will do sprints for each item that is picked up by the coaches.