

SAVE THE DATE

Parent Workshops

In conjunction with our neighboring school districts, several workshops are planned for special education parents throughout the 2019-2020 school year. Please join us for these interesting and informative evenings.

February 5, 2020

“OVR 101”

What is the Office of Vocational Rehabilitation?
How can they help my child transition from high school to their ultimate employment goal?
What services can OVR provide that supplements my child’s learning?
Will my child qualify for OVR services?

The Office of Vocational Rehabilitation is a state agency that helps individuals with disabilities that present substantial obstacles to successful employment, yet that person with a disability wants to work. Answers to these questions and more will be discussed at the OVR 101 workshop.

**Presented by Mr. David Ritter, Certified Vocational and Rehabilitation Counselor with OVR
Carlisle Area School District**

**Location: High School Fowler Education Center LGI
6:30 – 8:00 pm**

March 11, 2020

“Social Emotional Learning at Home: Strategies for Parents”

This session will focus on how parents and guardians can help foster social emotional growth in the home setting. Specifically, presenters will address how to explicitly teach and model behavioral and social/emotional skills, foster feeling recognition and emotional-regulation, and utilize everyday events and activities as learning opportunities with your child.

**Presented by Mrs. Chelshea Pruznak, School Psychology Intern and Dr. Jessica Petronis, School Psychologist
South Middleton School District**

**Location: South Middleton District Office Board Room
5:30 – 7:00 pm**

March 24, 2020

“Stress and Anxiety: Supporting our Students”

Session will provide information on how stress and anxiety presents in students across the developmental spectrum and will provide participants with strategies to help support and combat both.

**Big Spring School District
Location: High School LGR
6:00 pm**

April 1, 2020

“Opportunities and Wellness Fair”

Attendees will be able to network and connect with representatives from various transition/mental health agencies, employers, universities, technical/trade schools, and apprenticeship programs. The goal of the evening is to assist the participants in transitioning from high school to their next phase in life.

**Northern York County School District
Location: Northern High School
6:00 – 8:00 pm**