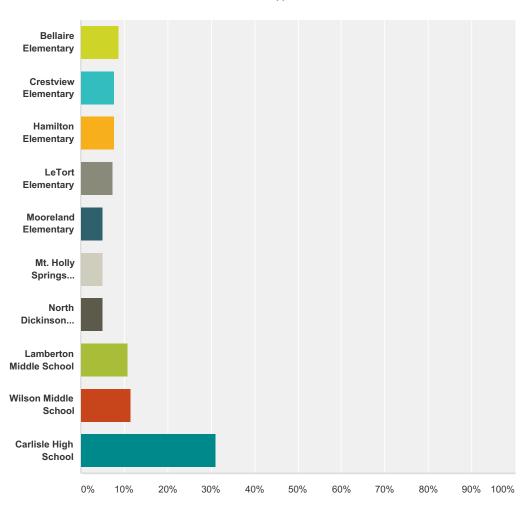
#### Q1 Please select your home building:

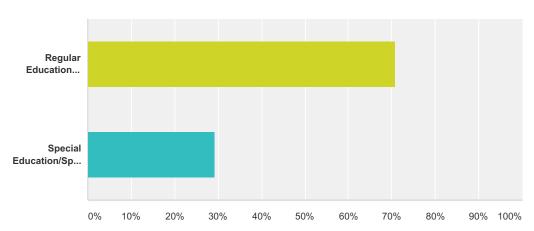




swer Choices	Responses	
Bellaire Elementary	8.68%	19
Crestview Elementary	7.76%	17
Hamilton Elementary	7.76%	17
LeTort Elementary	7.31%	16
Mooreland Elementary	5.02%	11
Mt. Holly Springs Elementary	5.02%	11
North Dickinson Elementary	5.02%	11
Lamberton Middle School	10.96%	24
Wilson Middle School	11.42%	25
	31.05%	68
Carlisle High School		
tal		219

#### Q2 Please select one of the following that best describes your position in the district.

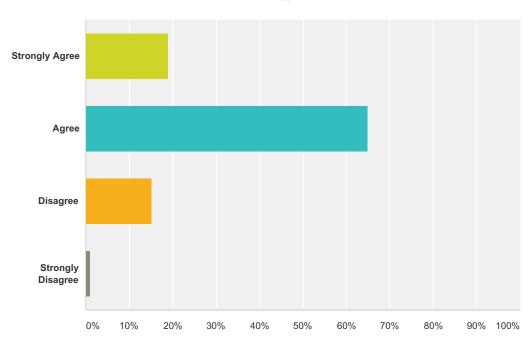




Answer Choices	Responses
Regular Education Classroom Teacher	<b>70.78%</b>
Special Education/Specialist	29.22%
Total	2

## Q3 I am aware that the school district has a student wellness policy that sets physical education and nutrition standards/guidelines.

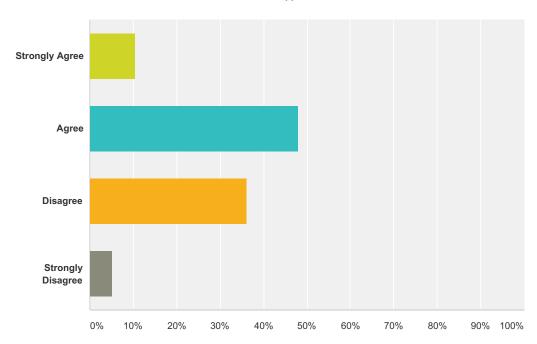




Answer Choices	Responses	
Strongly Agree	18.96%	40
Agree	64.93%	137
Disagree	15.17%	32
Strongly Disagree	0.95%	2
Total		211

### Q4 I am aware that the district health council serves as an advisory committee regarding student wellness issues.

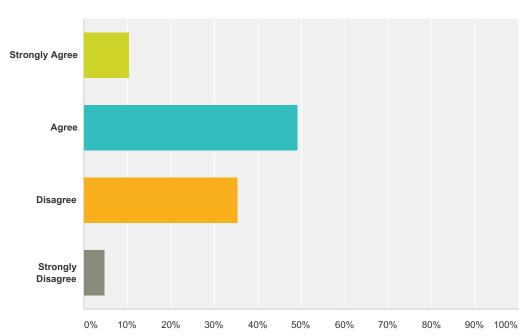
Answered: 210 Skipped: 9



Answer Choices	Responses	
Strongly Agree	10.48%	22
Agree	48.10%	101
Disagree	36.19%	76
Strongly Disagree	5.24%	11
Total		210

### Q5 I am aware that the district health council supports the building and/or school health council efforts regarding student wellness.

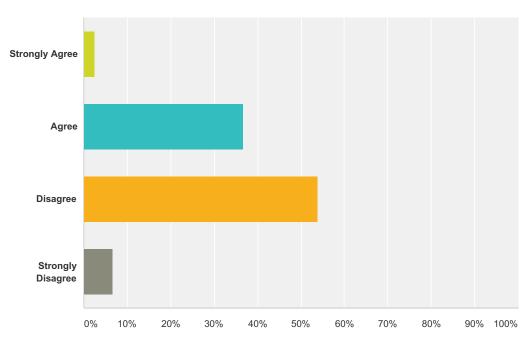




Answer Choices	Responses
Strongly Agree	<b>10.43%</b> 22
Agree	<b>49.29%</b> 104
Disagree	<b>35.55%</b> 75
Strongly Disagree	<b>4.74%</b> 10
Total	211

#### Q6 My building has an active school health council.

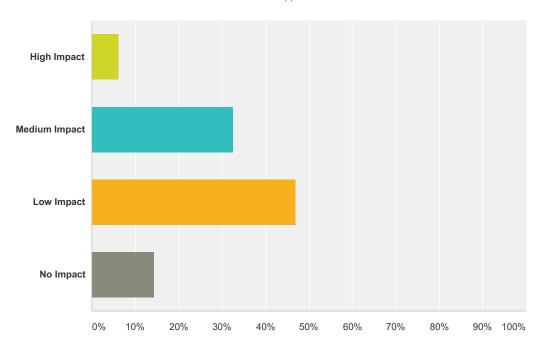




Answer Choices	Responses	
Strongly Agree	2.59%	5
Agree	36.79%	71
Disagree	53.89%	104
Strongly Disagree	6.74%	13
Total		193

# Q7 Rate the extent to which activities sponsored by your building and/or school health council have impacted student nutrition and physical wellness with students.

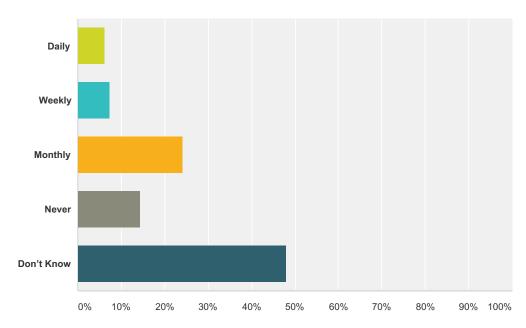
Answered: 194 Skipped: 25



Answer Choices	Responses
High Impact	<b>6.19%</b> 12
Medium Impact	<b>32.47%</b> 63
Low Impact	<b>46.91%</b> 91
No Impact	14.43% 28
Total	194

### Q8 Rate the extent to which, on average, your building and/or school health council promotes health and wellness events and activities for students.

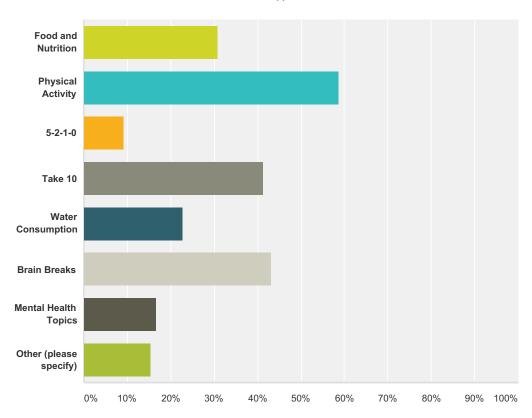




Answer Choices	Responses
Daily	<b>6.19%</b> 12
Weekly	<b>7.22%</b> 14
Monthly	<b>24.23%</b> 47
Never	<b>14.43%</b> 28
Don't Know	<b>47.94%</b> 93
Total	194

### Q9 My building and/or school health council sponsors activities and/or events on topics such as (check all that apply):

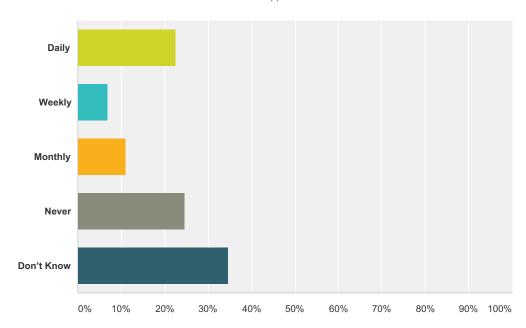
Answered: 162 Skipped: 57



Answer Choices	Responses	
Food and Nutrition	30.86%	50
Physical Activity	58.64%	95
5-2-1-0	9.26%	15
Take 10	41.36%	67
Water Consumption	22.84%	37
Brain Breaks	43.21%	70
Mental Health Topics	16.67%	27
Other (please specify)	15.43%	25
Total Respondents: 162		

# Q10 Rate the extent to which your building and/or your school health council provides opportunities for physical activity during the school day excluding physical education and passing time in the hallways:

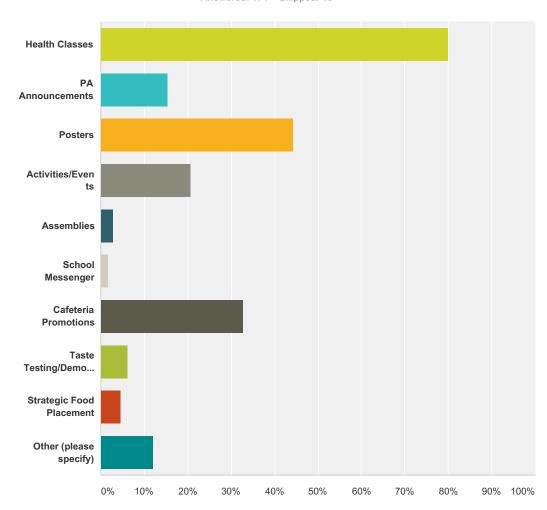




Answer Choices	Responses
Daily	<b>22.63%</b> 43
Weekly	<b>6.84%</b> 13
Monthly	<b>11.05%</b> 21
Never	<b>24.74%</b> 47
Don't Know	<b>34.74%</b> 66
Total	190

## Q11 Identify all the ways your building and/or school health council promotes healthy eating habits to students (check all that apply):

Answered: 174 Skipped: 45

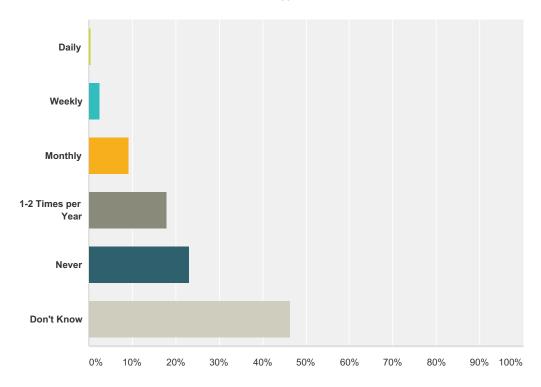


Answer Choices	Responses	
Health Classes	79.89%	139
PA Announcements	15.52%	27
Posters	44.25%	77
Activities/Events	20.69%	36
Assemblies	2.87%	5
School Messenger	1.72%	3
Cafeteria Promotions	32.76%	57
Taste Testing/Demonstrations	6.32%	11
Strategic Food Placement	4.60%	8

Other (please specify)	12.07%	21
Total Respondents: 174		

## Q12 Rate the extent to which, on average, your building and/or school health council provides activities, events or announcements on healthy eating habits.

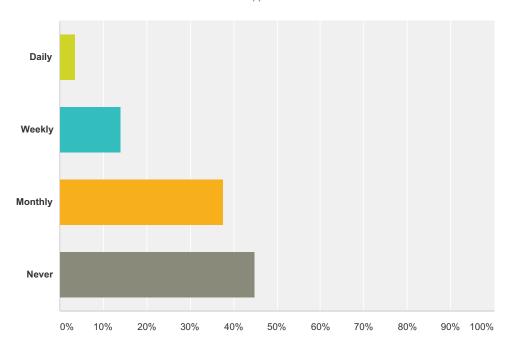
Answered: 194 Skipped: 25



Answer Choices	Responses	
Daily	0.52%	1
Weekly	2.58%	5
Monthly	9.28%	18
1-2 Times per Year	18.04%	35
Never	23.20%	45
Don't Know	46.39%	90
Total		194

## Q13 Which best describes the extent to which, on average, you provide candy and/or other unhealthy food items to students as a reward?

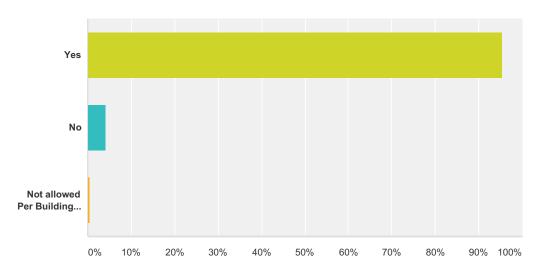
Answered: 192 Skipped: 27



Answer Choices	Responses
Daily	<b>3.65%</b> 7
Weekly	<b>14.06</b> % 27
Monthly	<b>37.50%</b> 72
Never	<b>44.79%</b> 86
Total	192

#### Q14 I allow my students to bring bottled water to class throughout the day.

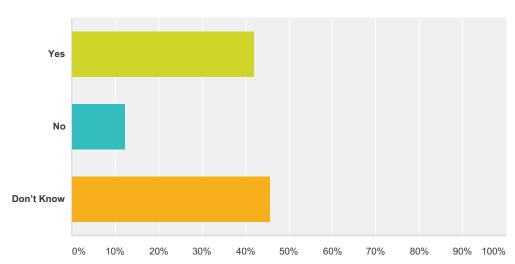




Answer Choices	Responses	
Yes	95.34%	184
No	4.15%	8
Not allowed Per Building Rule	0.52%	1
Total		193

#### Q15 Students have access to free water in the cafeteria.

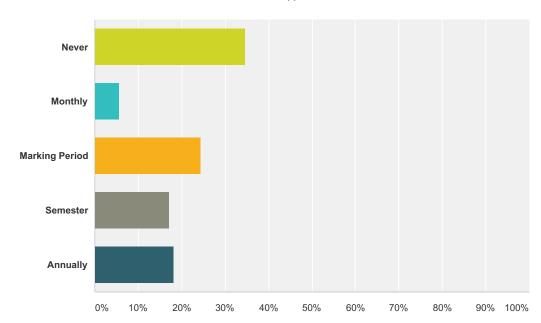




Answer Choices	Responses	
Yes	42.05%	82
No	12.31%	24
Don't Know	45.64%	89
Total		195

### Q16 Rate the extent to which you hold class/grade level/team parties during the school year.

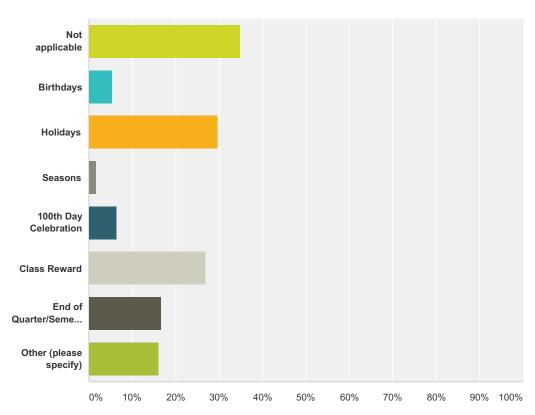
Answered: 193 Skipped: 26



Answer Choices	Responses	
Never	34.72%	67
Monthly	5.70%	11
Marking Period	24.35%	47
Semester	17.10%	33
Annually	18.13%	35
Total		193

#### Q17 I hold class/grade level/team parties for the following reasons (Check all that apply):

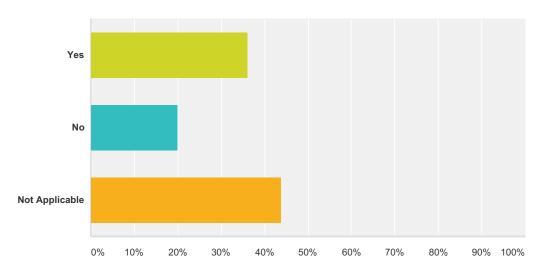
Answered: 186 Skipped: 33



Answer Choices	Responses	
Not applicable	34.95%	65
Birthdays	5.38%	10
Holidays	29.57%	55
Seasons	1.61%	3
100th Day Celebration	6.45%	12
Class Reward	26.88%	50
End of Quarter/Semester/End of Year	16.67%	31
Other (please specify)	16.13%	30
Total Respondents: 186		

### Q18 I set limits on the amount of unhealthy food choices students may consume during class/grade level/team parties.

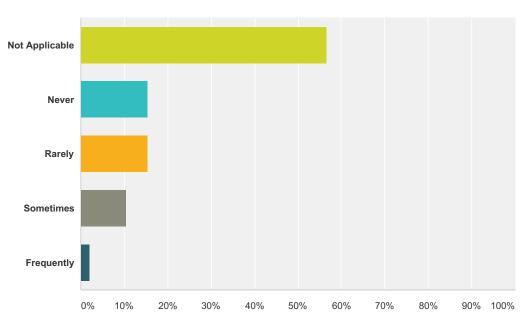
Answered: 194 Skipped: 25



Answer Choices	Responses	
Yes	36.08%	70
No	20.10%	39
Not Applicable	43.81%	85
Total		194

#### Q19 Rate the extent to which you use the loss of recess as a disciplinary tool.

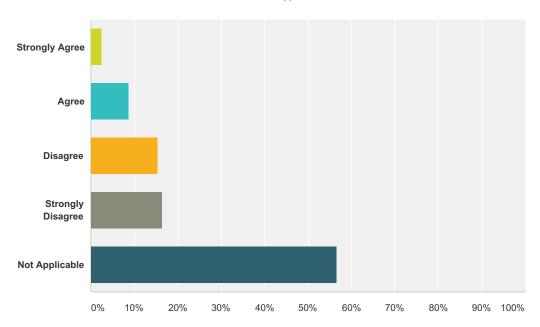




Answer Choices	Responses
Not Applicable	<b>56.48%</b> 109
Never	15.54%
Rarely	15.54%
Sometimes	10.36%
Frequently	2.07%
Total	193

#### Q20 My organization(s) rely solely/heavily on candy/food fundraisers to support their activities.

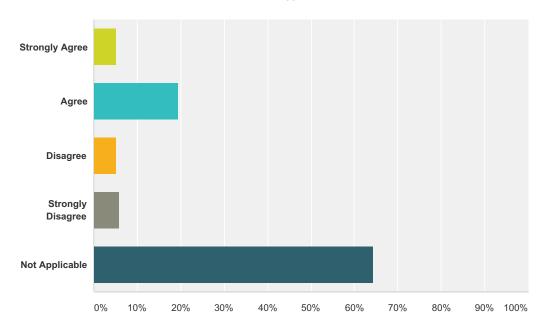
Answered: 193 Skipped: 26



Answer Choices	Responses
Strongly Agree	<b>2.59%</b> 5
Agree	<b>8.81%</b> 17
Disagree	<b>15.54%</b> 30
Strongly Disagree	<b>16.58%</b> 32
Not Applicable	<b>56.48%</b> 109
Total	193

## Q21 I could replace candy/food fundraisers with healthier food options or non-food merchandise and still meet the needs of my organization.





Answer Choices	Responses	
Strongly Agree	5.24%	10
Agree	19.37%	37
Disagree	5.24%	10
Strongly Disagree	5.76%	11
Not Applicable	64.40%	123
Total		191

Q22 Please provide any additional comments for the District Health Council regarding student wellness in the areas of physical activity, nutrition and nutrition promotion.

Answered: 21 Skipped: 198