Q1 Please select your home building:


| Answer Choices | Responses |  |
| :---: | :---: | :---: |
| Bellaire Elementary | 5.88\% | 1 |
| Crestview Elementary | 5.88\% | 1 |
| Hamilton Elementary | 5.88\% | 1 |
| LeTort Elementary | 5.88\% | 1 |
| Mooreland Elementary | 5.88\% | 1 |
| Mt. Holly Springs Elementary | 5.88\% | 1 |
| North Dickinson Elementary | 5.88\% | 1 |
| Lamberton Middle School | 5.88\% | 1 |
| Wilson Middle School | 5.88\% | 1 |
| Carlisle High School | 47.06\% | 8 |
| Total |  | 17 |

## Q2 Please select one of the following that best describes your position in the district.



## Q3 I am aware that the school district has a student wellness policy that sets physical education and nutrition standards/guidelines.



| Answer Choices | Responses |
| :--- | :--- | :--- |
| Strongly Agree | 8 |
| Agree | $97.06 \%$ |
| Disagree | $\mathbf{5 2 . 9 4 \%}$ |
| Strongly Disagree | $0.00 \%$ |
| Total | $0.00 \%$ |

## Q4 I am aware that the district health council serves as an advisory committee regarding student wellness issues.



| Answer Choices | Responses |  |
| :---: | :---: | :---: |
| Strongly Agree | 47.06\% | 8 |
| Agree | 47.06\% | 8 |
| Disagree | 5.88\% | 1 |
| Strongly Disagree | 0.00\% | 0 |
| Total |  | 17 |

# Q5 I am aware that the district health council supports the building and/or school <br> health council efforts regarding student wellness. 

Answered: 17 Skipped: 0


| Answer Choices | Responses |
| :--- | :--- | :--- |
| Strongly Agree | 8 |
| Agree | 8 |
| Disagree | $47.06 \%$ |
| Strongly Disagree | $5.06 \%$ |
| Total | $\mathbf{8}$ |

# Q6 My building has an active school health council. 

Answered: 16 Skipped: 1


| Answer Choices | Responses |
| :--- | :--- | :--- |
| Strongly Agree | 0 |
| Agree | 8 |
| Disagree | $\mathbf{0 . 0 0 \%}$ |
| Strongly Disagree | $50.00 \%$ |
| Total | $\mathbf{5 0 . 0 0 \%}$ |

## Q7 Rate the extent to which activities sponsored by your building and/or school health council have impacted student nutrition and physical wellness with students.

Answered: 16 Skipped: 1


| Answer Choices | Responses |
| :---: | :---: | :---: |
| High Impact | 0 |
| Medium Impact | $\mathbf{0 . 0 0 \%}$ |
| Low Impact | $\mathbf{1 8 . 7 5 \%}$ |
| No Impact | $\mathbf{7 5 . 0 0 \%}$ |
| Total | $\mathbf{6 . 2 5 \%}$ |
| 12 |  |

## Q8 Rate the extent to which, on average, your building and/or school health council promotes health and wellness events and activities for students.



| Answer Choices | Responses |
| :---: | :---: |
| Daily | $\mathbf{6 . 2 5 \%}$ |
| Weekly | $\mathbf{1}$ |
| Monthly | $\mathbf{1 2 . 5 0 \%}$ |
| Never | $\mathbf{4 3 . 7 5 \%}$ |
| Don't Know | $\mathbf{0 . 0 0 \%}$ |
| Total | $\mathbf{3 7 . 5 0 \%}$ |

## Q9 My building and/or school health council sponsors activities and/or events on topics such as (check all that apply):



| Answer Choices | Responses |
| :--- | :--- | :--- |
| Food and Nutrition | $\mathbf{2 8 . 5 7 \%}$ |
| Physical Activity | $\mathbf{4}$ |
| $5-2-1-0$ | $\mathbf{6 4 . 2 9 \%}$ |
| Take 10 | $\mathbf{9}$ |
| Water Consumption | $\mathbf{7 . 1 4 \%}$ |
| Brain Breaks | $\mathbf{2 8 . 5 7 \%}$ |
| Mental Health Topics | $\mathbf{2 8 . 5 7 \%}$ |
| Other (please specify) | $\mathbf{3 5 . 7 1 \%}$ |
| Total Respondents: 14 | $\mathbf{5}$ |

## Q10 Rate the extent to which your building and/or your school health council provides opportunities for physical activity during the school day excluding physical education and passing time in the hallways:



| Answer Choices | Responses |  |
| :---: | :---: | :---: |
| Daily | $\mathbf{3 7 . 5 0 \%}$ |  |
| Weekly | $\mathbf{6}$ |  |
| Monthly | $\mathbf{1 2 . 5 0 \%}$ |  |
| Never | $\mathbf{2}$ |  |
| Don't Know | $\mathbf{1 8 . 2 5 \%}$ |  |
| Total | $\mathbf{2 5 . 0 0 \%}$ | 3 |

# Q11 Identify all the ways your building and/or school health council promotes healthy eating habits to students (check all that apply): 

Answered: 15 Skipped: 2


| Answer Choices | Responses |
| :--- | :---: | :---: |
| Health Classes | $73.33 \%$ |
| PA Announcements | $6.67 \%$ |
| Posters | 11 |
| Activities/Events | $\mathbf{4 6 . 6 7 \%}$ |
| Assemblies | $\mathbf{6}$ |
| School Messenger | $\mathbf{6 . 6 7 \%}$ |
| Cafeteria Promotions | $\mathbf{0 . 0 0 \%}$ |
| Taste Testing/Demonstrations | $\mathbf{0 . 0 0 \%}$ |
| Strategic Food Placement | $\mathbf{4 6 . 6 7 \%}$ |


| Other (please specify) | $13.33 \%$ |  |
| :--- | :--- | :--- |
| Total Respondents: $\mathbf{1 5}$ |  |  |

## Q12 Rate the extent to which, on average, your building and/or school health council provides activities, events or announcements on healthy eating habits.



| Answer Choices | Responses |
| :--- | :--- | :--- |
| Daily | 0 |
| Weekly | $\mathbf{0 . 0 0 \%}$ |
| Monthly | $\mathbf{6 . 2 5 \%}$ |
| $1-2$ Times per Year | $0.00 \%$ |
| Never | $\mathbf{4 3 . 7 5 \%}$ |
| Don't Know | $\mathbf{1 2 . 5 0 \%}$ |
| Total | $\mathbf{3 7 . 5 0 \%}$ |

## Q13 What best describes your perception regarding the extent to which teachers in your building provide candy and/or other unhealthy food items to students as a reward?

Answered: 14 Skipped: 3


| Answer Choices | Responses |
| :--- | :--- | :--- |
| Daily | $\mathbf{2 1 . 4 3 \%}$ |
| Weekly | $\mathbf{3}$ |
| Monthly | $\mathbf{3 5 . 7 1 \%}$ |
| Never | $\mathbf{3 5 . 7 1 \%}$ |
| Not Allowed per Building Rule | $\mathbf{5}$ |
| Total | $\mathbf{7 . 1 4 \%}$ |
| $\mathbf{1 4}$ |  |

## Q14 What best describes your perception regarding the extent to which teachers in your building allow students to bring bottled water to class throughout the day.



| Answer Choices | Responses |
| :---: | :---: |
| Daily | $\mathbf{1 0 0 . 0 0 \%}$ |
| Weekly | 0 |
| Monthly | $\mathbf{0 . 0 0 \%}$ |
| Never | $\mathbf{0 . 0 0 \%}$ |
| Total | $\mathbf{0 . 0 0 \%}$ |

## Q15 Students have access to free water in the cafeteria.

Answered: 16 Skipped: 1



| Answer Choices | Responses |
| :---: | :--- | :--- |
| Yes | $\mathbf{4 3 . 7 5 \%}$ |
| No | $\mathbf{7}$ |
| Don't Know | $\mathbf{3 7 . 5 0 \%}$ |
| Total | $\mathbf{1 8 . 7 5 \%}$ |

> Q16 Rate the extent to which you and/or the teachers in your building hold class/grade level/team parties during the school year.


| Answer Choices | Responses |
| :--- | :--- | :--- |
| Never | $\mathbf{6 . 6 7 \%}$ |
| Monthly | $\mathbf{2 0 . 0 0 \%}$ |
| Marking Period | 3 |
| Semester | $\mathbf{3}$ |
| Annually | $\mathbf{3} .33 \%$ |
| Total | $\mathbf{2 0 . 0 0 \%}$ |
| $\mathbf{3}$ |  |

## Q17 Class/grade level/team parties are conducted in my building for the following reasons (check all that apply):



| Answer Choices | Responses |
| :--- | :---: | :---: |
| Not applicable | $\mathbf{1 2 . 5 0 \%}$ |
| Birthdays | $\mathbf{2}$ |
| Holidays | $\mathbf{6 . 2 5 \%}$ |
| Seasons | $\mathbf{5 0 . 0 0 \%}$ |
| 100th Day Celebration | $\mathbf{6 . 2 5 \%}$ |
| Class Reward | $\mathbf{2 5 . 0 0 \%}$ |
| End of Quarter/Semester/End of Year | $\mathbf{4 3 . 7 5 \%}$ |
| Other (please specify) | $\mathbf{3 1 . 2 5 \%}$ |

Total Respondents: 16

## Q18 Rate the extent to which you and/or the teachers in your building set limits on the amount of unhealthy food choices students may consume during class/grade level/team

 parties.

## Q19 Rate the extent to which you and/or your teachers use the loss of recess as a disciplinary tool.



| Answer Choices | Responses |
| :---: | :---: | :---: |
| Not Applicable | $\mathbf{6 2 . 5 0 \%}$ |
| Never | $\mathbf{1 0}$ |
| Rarely | $\mathbf{6 . 2 5 \%}$ |
| Sometimes | $\mathbf{6 . 2 5 \%}$ |
| Frequently | $\mathbf{6 . 2 5 \%}$ |
| Total | $\mathbf{1 8 . 7 5 \%}$ |

## Q20 School organizations, clubs, athletic and/or extra-curricular activities in my building rely solely/heavily on candy/food fundraisers to support their activities.



| Answer Choices | Responses |
| :---: | :---: | :---: |
| Strongly Agree | $\mathbf{6 . 2 5 \%}$ |
| Agree | $\mathbf{1 8 . 7 5 \%}$ |
| Disagree | $\mathbf{2 5 . 0 0 \%}$ |
| Strongly Disagree | $\mathbf{4}$ |
| Not Applicable | $\mathbf{3 1 . 2 5 \%}$ |
| Total | $\mathbf{1 8 . 7 5 \%}$ |

## Q21 School organizations, clubs, athletics and/or extra-curricular activities in my building could replace candy/food fundraisers with healthier food options or non-food merchandise and still meet the needs of these organizations.

Answered: 16 Skipped: 1


| Answer Choices | Responses |
| :--- | :--- | :--- |
| Strongly Agree | $6.25 \%$ |
| Agree | $\mathbf{1}$ |
| Disagree | $31.25 \%$ |
| Strongly Disagree | $12.50 \%$ |
| Not Applicable | $\mathbf{2}$ |
| Total | $\mathbf{6 . 2 5 \%}$ |

Q22 Estimate the total number of candy/food fundraisers that are conducted in your building each year. Consider only those candy/food fundraisers that students would sell to their peers and which can be consumed during the school day. School day is defined as 30 minutes before the official start of the school day up until 30 minutes after the official end of the school day.

Answered: 16 Skipped: 1


| Answer Choices | Responses |
| :---: | :---: | :---: |
| $0-5$ | $\mathbf{1 8 . 7 5 \%}$ |
| $6-10$ | $\mathbf{2 5 . 0 0 \%}$ |
| $11-15$ | 4 |
| $15+$ | $\mathbf{0 . 0 0 \%}$ |
| Not Applicable | $\mathbf{1 2 . 5 0 \%}$ |
| Total | $\mathbf{4 3 . 7 5 \%}$ |

# Q23 Please provide any additional comments for the District Health Council regarding student wellness in the areas of physical activity, nutrition and nutrition promotion. 

Answered: 2 Skipped: 15

